#### ABNORMAL PSYCHOLOGY (CLP3144)

**Section** 10986 (031D) & 10990 (3428) & 23065 (H323)

### **Spring 2021**

Instructor: Feihong Wang, Ph.D.

Course Format: Asynchronous

Email: feihongw@ufl.edu

Course credits: 3

Live Zoom Office Hour: Tuesdays 10am-11am Or by appointment

https://ufl.zoom.us/j/99973995198?pwd=S2JKcTBmRVdQYWVMV2JSZEILQ1dNdz09

**Meeting ID:** 999 7399 5198

Passcode: 905581

## **Graduate Teaching Assistants (GTA):**

Brittany Bridges <u>brittanybridges@ufl.edu</u>

Live Zoom Office Hours: Tuesdays: 5:00-6:00pm, Wednesdays: 4:00-6:00pm

https://ufl.zoom.us/j/6314904743

Hemy Choi <u>hemy.choi@ufl.edu</u>

Live Zoom\_Office Hours: Mondays 10am -12pm; Wednesdays 11am-12pm

https://ufl.zoom.us/j/5901394828

Rachel Leder rleder96@ufl.edu

 $Live\ Zoom\_Office\ hours:\ Tuesday\ 4:00pm-5:00pm\ and\ Wednesday\ 9:00am-11:00am$ 

 $https://ufl.zoom.us/j/939057835\underline{59?pwd} = \underline{ajUvVUs4VU1nZ1dabVNrMjkxVFZ1dz09}$ 

Meeting ID: 939 0578 3559 Passcode: 522315

Please email your designated GTAs to schedule a virtual meeting or at an alternative time if the above times do not work for you.

## **Undergraduate Teaching Assistants (UTA):**

Veronic Caraballo Kaylen Castano Eden Feakes Isabel Leon

Sai Rishita Chowdary Malakapalli Emlyn Muska Riley Tuggle

\*The best way to contact the GTAs and me is via CANVAS messengers. Always contact the GTAs first with questions. Email me directly only in cases where your issues cannot be resolved by the GTAs, if the question needs my individual attention, or if the question is related to the final grades. Phone meeting is available per request and by appointment only (please use Canvas Inbox to schedule a phone meeting)

\* You may interact with UTAs via the Chat Room discussion board. Please DO NOT email or messenger UTAs.

Please allow 24 hrs. to respond to your emails during the weekdays. Emails sent on the weekend will be responded during the following weekdays. **Please include CLP3144** in the subject line for easy track of communication.

### Prerequisite Knowledge & Skills

Prerequisite Course: PSY2012 General Psychology

# Required E-Textbook

Nolen-Hoeksema, S. & Marroquin, B. (2017). *Abnormal Psychology (7<sup>th</sup>ed.)*. New York, NY: McGraw Hill Education. ISBN: 9781260307115

This course is participating in the UF ALL ACCESS program for the Spring 2021 semester. The ALL ACCESS program will allow you to gain access to the required materials for the course at a significantly discounted price.

Please see UF All Access PDF for directions on how to opt-in and access your e-textbook. Contact your Bookstore on campus with any questions. allaccess@bsd.ufl.edu

Please make sure you get the e-textbook as soon and early as possible since chapter quizzes start in the very first week. Instructor's mini-videos, Publisher's power point files, and other resources are available on CANVAS as your resources, but you definitely need the textbook to guide and maximize your learning in this class. The ISBN for a physical copy of the textbook is 9781259578137

## **Course Objectives**

Through this course, you will:

- learn abnormality in human behaviors, thoughts and emotions within cultural contexts and from both the continuous and the categorical DSM perspectives
- compare and contrast different theoretical perspectives of abnormality
- describe the diagnostic process and assessments of mental illnesses
- identify a variety of emotional, behavioral, neurocognitive, psychotic, mood, and personality disorders and treatment options
- apply your learning to the real world
- gain insights, understanding, and resilience in mental health

#### **Policies**

#### **Academic Honesty:**

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code". On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor of this class.

#### **Accommodations for Students with Disabilities:**

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, www.dso.ufl.edu/drc/) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

## Sexual Harassment & Disclosures of Sexual Violence

Sexual Harassment is not tolerated in this class, in the Department of Psychology, or at the University of Florida. Sexual harassment includes: the inappropriate introduction of sexual activities or comments in a situation where sex would otherwise be irrelevant. Sexual harassment is a form of sex discrimination and a violation of state and federal laws as well as of the policies and regulations of the university. All UF employees and students must adhere to UF's sexual harassment policy which can be found here: https://hr.ufl.edu/forms-policies/policies-managers/sexual-harassment/. Please review this policy and contact a university official if you have any questions about the policy.

As mandatory reporters, university employees (e.g., administrators, managers, supervisors, faculty, teaching assistants, staff) are required to report knowledge of sexual harassment to UF's Title IX coordinator. Title IX violation includes sexual harassment, sexual assault, stalking, domestic/intimate partner violence, etc. For assistance or to inform Title IX any incident(s) that may constitute a Title IX violation, please complete the Title IX Information Form here: https://titleix.ufl.edu/title-ix-reporting-form/, or email inform@titleix.ufl.edu, or call 352-273-1094.

### **Class Demeanor or Netiquette**

All members of the class are expected to follow rules of common courtesy in all email messages, threaded discussions, exams, and chats. Review the Netiquette Guide for Online Courses for expected student behavior.

#### **Software Use**

All faculty, staff, and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

## **Course Incompletes:**

A grade of Incomplete "I" will only be given in extreme circumstances (i.e., illness) and must be pre-approved by the instructor. If approved, a contract will be drawn up with the student specifying assignments and due dates. According to the University, all incomplete work must be completed by the following semester or you will receive a punitive incomplete (i.e., the same as an "E").

## **Course Requirements**

Warm-up exercise (28 points): In each week, there will be a warm-up exercise as a quick check of your prior knowledge of relevant topics, or your engagement of the course materials for the week. Each exercise is worthy of 2 points, with unlimited attempts, and due on Fridays.



Online Chapter Quiz (140 points): Each chapter has a chapter quiz with about 10 items worthy of 10 points. Chapter quizzes are due on Saturdays. You can try maximal two times to obtain the full or highest points to your capacity before the due date. The highest scores will be counted toward your quiz grade.

Journey Diary (30 points): Each week, you are introduced one focal topic on abnormal psychology with a variety of information and resources. In this multi-discussion assignment, you are expected to jot down your journey diary for at least 10 weeks between Island/Week 2 and Island/Week 14 with one original and one response diary posts (5 points) for each of the ten weeks due on Sundays. See specific instruction on CANVAS.

In-depth Topic Discussion (90 points): Three discussion topics will be posted on CANVAS during the semester with each worth 30 points. These discussion assignments are open for two weeks and due on Sundays. You need to have at least two posts to be graded for full credits in each discussion assignment. Both content and format matter in grading your discussion. Please submit your posts on time.

The discussion posts are also an avenue to assess your understanding of the course content, extend your knowledge of a specific topic, exercise your analytic skills, and facilitate your critical thinking and positive self-change. Self-exploration is an integral part of psychological learning, but keep in mind that your posts will be seen by everyone in your discussion group and not just the instructor and the TAs. Therefore, please exercise respect and professionalism when posting discussion posts.

Exams (120 points): Three exams will be administered covering contents from the textbook and the course materials on CANVAS. The exam with the lowest grade between Exam 1 and 2 will be dropped. Exam 3 is a mandatory exam. Each exam is worth 60 points and is consist of a variety of multiple-choice questions. All the exams are open-book open-note 60-item exams with 90 minutes of testing time. Exam 1 and 2 are available for three days (Sundays through Tuesdays). Exam 3 will be available only on the last day of class on 4/21 Wednesday. You are allowed to attempt each exam only once.

Please note that all the exams will be Honorlock proctored (<a href="https://honorlock.com/students/">https://honorlock.com/students/</a>) to ensure the rigor and academic integrity of this course. You are allowed to access the e-textbook and all the resources from CANVAS online, e-copies of resources in your computer which you take exams with, as well as your hard copy of resources and textbooks. However, you are not allowed to browse any other website sources using google, quizlet, etc. If you use quizlet for exam review, please download your quizlet review notes in your computer or print them out for use during the exam. You are not allowed to use secondary devices for the exam either such as another laptop, iphone, iwatch, etc. In addition, when you take the exam, please dress appropriately and in the same way as you dress for an in-class exam. More instructions and resources on Honorlock are available on CANVAS.

Late Work: Late work for any of the warm-ups, quizzes, and exams are NOT accepted since you have been given sufficient periods of time to complete these assignments. However, if there is an unforeseeable extreme situation (e.g., hospitalization, severe accidents, etc.) that has kept you from completing work on time, you may email the GTA in charge of accommodations with justification and proof within 24 hours of the original due date for a one-time make-up opportunity without penalty. Make-up requests made after 24 hours of the original due date would not be accepted. Missing the deadline due to oversleeping, forgetting, being in a bad mood, etc. are not justifiable reasons for the one-time make-up opportunity given the available time to complete each assignment.

For in-depth topic discussion assignments, late submission should be done via email to your designated GTA and will lead to the loss of the response post points. Late submission for the original discussion post completed within 24 hours of the original due date leads to 80% of the earned assignment grade. Work submitted within 48 hours of the original due date leads to 60% of the earned assignment grade. Late submission and make-up requests after 48 hours of the original due date for Discussion assignment would not be accepted.

For journey diary assignments, no late work is accepted since you only need to produce 10 journey diaries out of 13 available journey diary weeks.

Extra Credits: Extra credits may be available occasionally as needed such as the extra-credit self-introduction discussion post. These opportunities are offered to the whole class to facilitate learning with a fixed deadline and no make-up opportunities at all. Seize the opportunity when it occurs! ©

Grading Scale (428 points in total)

Tasks	Points	Percentage
Warm-up Exercise (14 X 2 points)	28	6.54%
Journey Diary (13X5/entry)	50	11.68%
Online chapter quizzes (14X10 points/quiz)	140	32.71%
Exams (3X60/exam, lowest exam score between Exam 1 and 2 will be dropped)	120	28.04%
In-depth Topic Discussion	90	21.03%
(3x30/discussion)		

Grade	A	A-	B+	В	B-	C+	C	c	D+	D	D-	Е
Percentage	93-	90-	87-	83-	80-	77-	73-	70-	67-	63-	60-	<60
	100	92.4	89.4	86.4	82.4	79.4	76.4	72.4	69.4	66.4	62.4	
GPA	4.0	3.67	3.33	3.00	2.67	2.33	2.00	1.67	1.33	1.00	0.67	0.00
Equivalency												

Note: Final total percentage points with a decimal value equal to or greater than .5 will be rounded to the next number. For further information about current UF grading policies for assigning grade points, please see

https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx.

## **Tentative Course Schedule**

Island/Week	Dates	Topics	Chapter(s)	Due dates
1	5	Looking at Abnormality	1	All
	1/11-1/17			All Warm-ups due on
				Fridays 11:59pm
				EST
				All Chapter quizzes
				(Island/Week 1-14)
				due on Saturdays
				11:59pm EST
				All journey diaries
				(Island/Week 2-14)
				due on Sundays
				11:59pm EST
2	1/18-1/24	Theories and Treatment of	2	Self-introduction
		Abnormality		close Sunday

3	1/25-1/31	Trauma, Anxiety, obsessive- Compulsive, and related Disorders	5	<b>Discussion 1</b> open Monday
4	2/01-2/07	Mood Disorders and Suicide	7	<b>Discussion 1</b> closed Sunday
5	2/08-2/14	Disruptive, Impulse-control, and Conduct Disorder	11	Exam 1 open Sunday
6	2/15-2/21	Somatic symptom and Dissociative Disorders	6	Exam 1 (Ch. 1,2,5,7,11) due Tuesday
7	2/22-2/28	Personality Disorders	9	<b>Discussion 2</b> open Monday
8	3/01-3/07	Schizophrenia Spectrum and Other Psychotic Disorders	8	<b>Discussion 2</b> close Sunday
9	3/08-3/14	Neurodevelopmental and Neurocognitive Disorder	10	
10	3/15-3/21	Eating Disorders	12	Exam 2 open Sunday
11	3/22-3/28	Sexual Disorders	13	Exam 2 (Ch. 6,9,8,10,12) due Tuesday
				<b>Discussion 3</b> open Monday
12	3/29-4/04	Substance Use and Gambling Disorders	14	<b>Discussion 3</b> close Sunday
13	4/05-4/11	Assessing and diagnosing abnormality	3	
14	4/12-4/18	Health Psychology	15	
15	4/19-4/25	Wrap-Up		Exam 3 (Ch. 13, 14, 3, 15) on 4/21

## **Online Evaluation Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at <a href="https://gatorevals.aa.ufl.edu/public-results/">https://gatorevals.aa.ufl.edu/public-results/</a>.

## **Campus Resources**

# Health and Wellness

U Matter, We Care: If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575 so that a team member can reach out to the student.

Counseling and Wellness Center. http://www.counseling.ufl.edu/cwc/Default.aspx,

392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Sexual Assault Recovery Services (SARS): Student Health Care Center, 392-1161.

University Police Department: 392-1111 (or 9-1-1 for emergencies).

http://www.police.ufl.edu/

#### Academic Resources

E-learning technical support: 352-392-4357 (select option 2) or e-mail to

Learning-support@ufl.edu. https://lss.at.ufl.edu/help.shtml.

Career Resource Center: Reitz Union, 392-1601. Career assistance and counseling. http://www.crc.ufl.edu/

Library Support: http://cms.uflib.ufl.edu/ask. Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. http://teachingcenter.ufl.edu/

Writing Studio: 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. http://writing.ufl.edu/writing-studio/

Student Complaints Campus:

https://www.dso.ufl.edu/documents/UF\_Complaints\_policy.pdf

On-Line Students Complaints: <a href="http://www.distance.ufl.edu/student-complaint-process">http://www.distance.ufl.edu/student-complaint-process</a>

Together, let's make it a fun and successful semester!